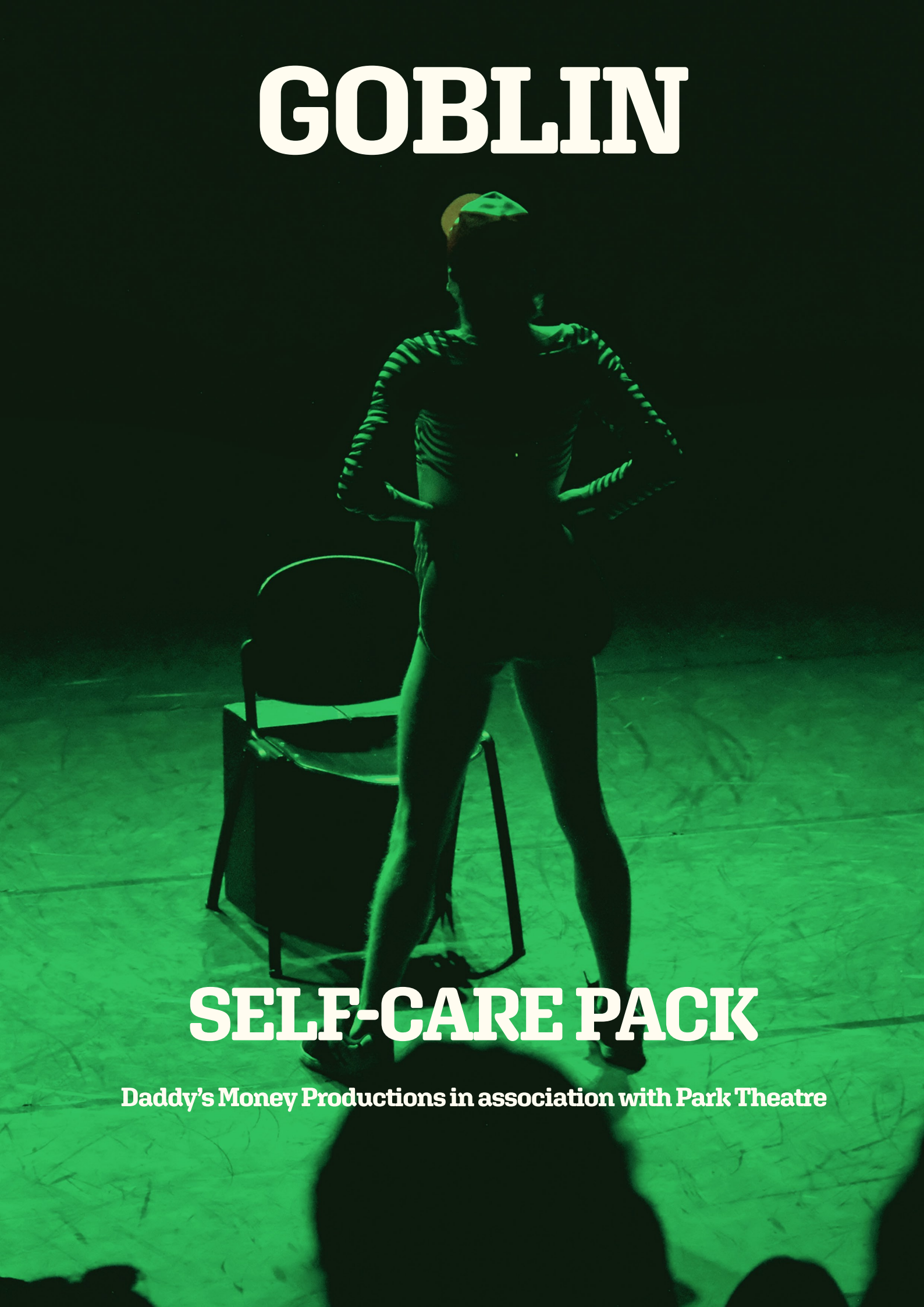
GOBLIN



SELF-CARE PACK

Daddy's Money Productions in association with Park Theatre

GOBLIN POST- SHOW INFORMATION AND SUPPORT

We have collated the following information and links to further support for those who feel they have been affected by the content of the production ***Goblin***. While we have provided detailed content warnings on the booking and information pages, we understand that feelings can take effect after watching a play, and wanted to signpost some external resources that may help and provide further context for the themes explored. These are intended as guidance and not medical advice. **If you feel you are in crisis, please call 999 or visit your local accident and emergency department.**

ABOUT THE PLAY

Goblin is a dark, comedic solo performance about obsession, growing up and the transformative power of being seen.
Starting in 2007 in Decatur, Illinois, we meet 15-year-old emo kid Eliot whose home life is far from easy. He is then seduced by the much older reality TV star Max, and they begin a destructive relationship that will change everything.
But through it all he has us. His confidants. His goblins.

CONTENT WARNINGS

Goblin has an age guidance of 16+.
It contains scenes of strong language/swearing, loud noises and distressing or potentially triggering themes.
These include scenes with references to, or depictions of, the below:

- contains audience participation
- themes of sexual grooming and exploitation of a minor
  very strong language
  sexual content
  references to suicide and self-harm
  reference to homophobia and use of homophobic language
  reference to drug use
  discussion of mental illness
  loud noises including gunshots
  moments of complete darkness

RESOURCES AND HELPLINES

If you feel affected by the themes in this production, please find links to support below, this list is not exhaustive, please speak to a doctor or therapist if you are looking for further help.

Genreal Mental Health Support:

- **Samaritans:** 116 123 (free, 24/7 listening and text support)
- **NHS 111:** Call 111 for 24-hour NHS advice
- **Mind Infoline:** Call 0300 123 3393 for mental health information

More Specific Support:

- **Childline:** Call 0800 1111 for 24/7 listening and text support for under 19s
- **CALM (Campaign Against Living Miserably):** a suicide prevention helpline on 0800 58 58 58 (5pm to midnight every day)
- **The Silver Line:** 0800 4 70 80 90 (for those over 55)
- **Papyrus HOPELINE247:** For those under 35, call 0800 068 4141
  SHOUT: For under 25s. A free, confidential, 24/7 text messaging support service for anyone who is struggling to cope. Text the word SHOUT to 85258.
  The Mix: information and support for under 25s on a whole range of issues, including rape and sexual assault. themix.org.uk

Grooming and Sexual Abuse:

Victim Support: an independent charity dedicated to supporting victims of crime and traumatic incidents in England and Wales. Call 08 08 16 89 111, their 24/7 supportline to speak to a trained staff member who can give you information on the resources provided by Victim Support and signpost to further resources.
www.victimsupport.org.uk/you-co/types-crime/sex-crimes/grooming/

Rape Crisis: information and support for anyone who has experienced sexual violence and abuse. Call the free 24/7 Support Line on 0808 500 2222 or chat online at 247sexualabusesupport.org.uk/. More information at rapecrisis.org.uk.

Survivors UK: a charity that supports boys, men and non-binary people over the age of 13 who have experienced sexual abuse. Online chat support, text and phone support. Information on open hours and more about the charity: survivorsuk.org.

LGBTQIA+ support

Galop: an LGBT+ anti-abuse charity working with and for LGBT+ victims and survivors of interpersonal abuse and violence. They also support people supporting a survivor of domestic abuse; friends, families and those working with a survivor. They run a helpline on 0800 999 5428. For information on helpline open hours and more information - galop.org.uk/helpline.

Switchboard: a confidential, non-judgmental listening and advice service for anyone exploring sexuality, gender identity, or related topics. Call 0800 0119 100, open daily from 10am to 10pm. More information at switchboard.lgbt.