

## Grow Up

### Relaxed

**All performances of *Grow Up* will be relaxed**

These performances are designed to welcome people who may benefit from a more relaxed environment, including those with an Autism Spectrum Condition, sensory and communication disorder or a learning disability.

With adjustments to lighting and sound levels, and a relaxed attitude to noise and moving around the auditorium during the play. A chill out zone will also be provided for anyone who wishes to take time out during the performance.

## Access membership

Park Theatre has an Access Membership scheme which is free to join. If you would like to sign up, please send proof of eligibility to [boxoffice@parktheatre.co.uk](mailto:boxoffice@parktheatre.co.uk). This can be a copy of your blue badge, a medical letter, Nimbus Access Card, or evidence that you are in receipt of a disability allowance (for example: PIP, DLA or attendance allowance). If you have any questions about eligibility, or any other questions about Access membership, please email [access@parktheatre.co.uk](mailto:access@parktheatre.co.uk).

Access members will receive regular updates about events at Park Theatre, as well as notifications of our assisted performances.

Once you have signed up, access concession tickets are bookable online, over the phone or in person. You must have an Access Membership to be able to book access concession tickets. If you prefer to book tickets in a way that is suitable for you, please get in touch and we will be happy to assist.

## Access pricing

For regular Park200 shows, access tickets are £17.50 in any seat. Access members are entitled to two tickets at the access rate if they wish to bring a companion.

For regular Park90 shows, access tickets are £9. Access members are entitled to two tickets at the access rate if they wish to bring a companion. As seats in Park90 are unreserved, please email [boxoffice@parktheatre.co.uk](mailto:boxoffice@parktheatre.co.uk) in advance of the performance if you have any specific access requirements.

For additional programming, such as short runs, one-off events and fundraising performances, access customers are entitled to 50% off up to two tickets.

Please note that the access concession will only apply after you have logged in, and after you have placed your tickets in the basket.

## Accessible Performances at Park Theatre

## **Audio Described**

These performances provide an audio description delivered live in-between dialogue which can be picked up through headsets for people who are visually impaired. A Touch Tour before the performance offers an opportunity to explore the set and costumes and to meet the cast. You can book your headset and a place on the touch tour when booking your tickets. Access pricing applies for those who are eligible.

## **Captioned**

These performances have a caption unit onstage operated to simultaneously display anything spoken or sung onstage, as well as information on sound effects and music. Captioning can be useful when strong accents are used or for people who speak English as a second language, as well as for Deaf and hard of hearing audiences.

Please be aware that not all positions in Park200 are suitable for viewing captions. Email our Access Coordinator, David Deacon ([access@parktheatre.co.uk](mailto:access@parktheatre.co.uk)) if you would like to book seats in which you have a clear view of the caption box.

We will discuss your access requirements and add Caption Best View booking capability to your account. This will allow you to book online and purchase locked seats, in the best positions for viewing the caption box during the performance in the future. We can also reserve appropriate seats for viewing captions in Park90.

Access pricing applies for those who are eligible.

## **Relaxed Performances**

These additional showings are designed for people with an Autism Spectrum Condition, Tourettes, Epilepsy or anxiety attacks, and anyone who would benefit from a more relaxed attitude to movement and noise in the auditorium. There will be adjustments to lighting and sound levels. A chill out zone will also be provided for anyone who wishes to take time out during the performance. You will be provided with a Visual Story, introducing you to the venue and the show, before you arrive.

## **Dementia Friendly Performances**

These additional showings are designed for people living with dementia. There will be adjustments to lighting and sound levels, and a relaxed attitude to noise and moving around the auditorium during the play. A chill out zone will also be provided for anyone who wishes to take time out during the performance. You will be provided with a Visual Story, introducing you to the venue and the show, before you arrive.

## **Parents & Babies**

These additional showings are for audiences who wish to bring babes in arms (under 1 year). With reduced audience numbers to provide additional room and a relaxed attitude to noise and moving around the auditorium. Baby changing and feeding facilities. Please email [access@parktheatre.co.uk](mailto:access@parktheatre.co.uk) in advance if you would like to reserve a space for a buggy, as we cannot allow buggies in the auditorium.

## **Deaf Friendly**

These are productions without words, where lighting effects are used to complement important music or sound cues. Captioning is therefore not required.

Standard tickets prices apply. Essential companion goes free.

### **BSL (British Sign Language)**

This performance has a British Sign Language Interpreter onstage, interpreting anything spoken or sung.

Please be aware that not all positions in Park200 are suitable for viewing BSL interpreters. Please email [access@parktheatre.co.uk](mailto:access@parktheatre.co.uk) if you would like to book seats in which you have a clear view of the caption box.

Access pricing applies for those who are eligible.

### **Family Friendly**

These are productions deemed suitable for ages 5yrs+ to adults.

Child and family tickets may be available, please see individual show pages.